

Bard College at Simon's Rock
Bard Academy at Simon's Rock

HEALTH SERVICES OVERVIEW

Wellness Center/Student Union/ 413-528-7353

How do I access Health Services?

- The best way to meet with a medical professional at the Wellness Center is to walk-in to our offices Monday-Friday, 9 AM-5 PM. Please note that our offices are closed during school breaks.
- We are located in the Student Union on the top/third floor in the Wellness Center.
- Please check-in at the front desk with the Office Administrator

What if I need medical attention for an urgent or crisis situation?

- You can walk into Health Services Monday-Friday, 9 AM-5 PM, if you are struggling with an urgent/crisis situation. There will be a medical professional available to meet with you that day.
- If you are faced with an urgent/crisis situation outside of office hours, please contact Security of the College (413-528-7291 or hit "0" on a campus phone). Security will contact the on-call nurse, as appropriate, to assist you.

Can my prescription medications be picked-up at the Wellness Center?

- The College works directly with Lenox Village Integrative Pharmacy in Lenox, MA (413-637-4700), which will deliver individually packaged medications to the Wellness Center Monday through Friday. To arrange the service, students should check-in with the Wellness Center Office Administrator, when school is in session, Monday-Friday, 9 AM-5 PM. Alternatively, students may arrange, on their own, to pick up their prescription medications from pharmacies in Great Barrington.

Will I be billed for using health services at the Wellness Center?

- Health Services are covered through the College/Academy insurance plan. However, any questions that you have about the specifics of your coverage can be discussed with health services staff.

Health Services Staff for 2016-2017:

Sharon Hartunian, LICSW
Diane Piraino, MD
Priscilla Cote, RN
Ginny Guenette, RN
Jodi Tuller, RN
Alison Abrams, MEd

Wellness Center Director
Campus Physician
Registered Nurse
Registered Nurse
Registered Nurse
Front Office Administrator

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COUNSELING SERVICES OVERVIEW

Wellness Center/ Student Union/ 413-528-7353

To schedule an appointment: walk-in Monday-Friday, 9 AM-5 PM

We provide counseling services that support the successful experience of being at Bard College at Simon's Rock and Bard Academy at Simon's Rock. While on campus, students face numerous changes and challenges. We work with our students to navigate these new experiences and to move towards enhanced growth and empowerment.

Some common counseling issues include: anxiety, campus life adjustment, depression, family/relationship concerns, racial/cultural/ethnic realities and challenges, academic stress, body/self-image issues, substance use, trauma, sexuality, sexual orientation and gender issues.

Our services include: individual therapy; focus groups as needed; crisis intervention and assessment; psychiatric treatment/medication management; consultations to faculty, staff and students; and educational programs.

Counseling is free for all currently enrolled students. Appointments for psychiatric evaluation and medication management are scheduled by referral from a Counseling Services clinician and are billed separately through the College/Academy insurance.

Records and the information discussed are kept confidential and are not disclosed to others outside of the Wellness Center without written consent. There are some specific exceptions within federal confidentiality guidelines, which will be reviewed with every student.

COUNSELING SERVICES STAFF 2016-2017

Sharon Hartunian, MSW, LICSW, LADC I	Director
Morgan Burns, MSW, LCSW	Clinician
Kim Gershon, MA, MSW, LCSW	Clinician
Eve Jennings, MA, LMHC	Clinician
Judith Win, PhD	Clinician
Susanne King, MD	Psychiatrist
Stephanie Steele-Wren, MS	Doctoral Student /Springfield College
Alison Abrams, MEd	Front Office Administrator

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COUNSELING SERVICES APPOINTMENTS

Wellness Center/Student Union/ 413-528-7353

How do I schedule an appointment with Counseling Services?

- The best way to set up a counseling appointment is to walk-in to our offices Monday-Friday, 9 AM-5 PM. Please note that our offices are closed during school breaks.
- We are located in the Student Union on the top/third floor in the Wellness Center.
- Please check-in at the front desk with the Office Administrator.
- You will need your academic schedule, so that the appointment can be scheduled without interfering with your classes.

How do I schedule an appointment with the psychiatrist for medication?

- Our consulting psychiatrist is available on a weekly basis to meet with students for medication management.
- An appointment with the psychiatrist can be scheduled after you meet with a staff counselor for an intake session and the required authorization/consent forms are completed. In addition, it may be necessary to communicate and/or receive documentation from your current or former provider, in order to proceed.
- You must be willing to continue meeting with a staff counselor, as clinically appropriate, so that there can be full coordination of care and oversight.
- The psychiatrist will also speak with your parent or guardian about any medication related issues. As such, you will be asked to sign an authorization for this purpose.

What if I need to see a counselor for an urgent or crisis situation?

- You can walk into Counseling Services Monday-Friday, 9 AM-5 PM, if you are struggling with an urgent/crisis situation. There will be a counselor available to meet with you that day.
- If you are faced with an urgent/crisis situation outside of office hours, please contact Security of the College (413-528-7291 or hit "0" on a campus phone).

Will I be billed for counseling or psychiatric services?

- Counseling services are free for all currently enrolled students at Bard College at Simon's Rock and Bard Academy at Simon's Rock.
- Psychiatric appointments are billed through the College/Academy insurance.