

Wellness Center
Health and Counseling Services
Bard College and Bard Academy at Simon's Rock
Livingston Hall Student Union
413-528-7353
Simons-Rock.edu > Student Life > Living on Campus > The Wellness Center

HEALTH SERVICES OVERVIEW

Our Health Services staff includes registered nurses and on-site physicians, who have extensive experience working with adolescents. We are available to discuss concerns, no matter how minor, and will assist you in caring for your health:

- We treat infections and injuries, as well as exacerbations of more chronic problems, such as asthma or eczema.
- We counsel students with concerns about sleep, diet, and stress.
- We provide birth control, as well as smoking cessation assistance.
- We complete basic lab tests on the premises, while other necessary lab work can be drawn here and sent out.
- We work closely with our counseling staff for students with mental health issues affecting their physical health.

Our physicians can order testing, including X-rays, as well as make referrals to the ER and local specialists as needed. If you cannot easily access your primary care provider, our physicians can perform physical exams as needed for camp, foreign travel or working papers. We are able to order and administer most immunizations.

How do I access Health Services?

- Due to COVID-19 protocols, walk-ins to the Wellness Center are not allowed. Please email wellnesscenter@simons-rock.edu or call **413-528-7353** to request an appointment.
- Physician visits are available by appointment after nurse triage.
- If you are faced with an urgent/crisis situation, please contact a Community Director or Campus Safety (413-528-7291 or hit "0" on a campus phone). You will be advised of next steps and connected to the appropriate resource.

Can my prescription medications be picked-up at the Wellness Center?

- The Wellness Center works directly with Lenox Village Integrative Pharmacy in Lenox, MA (413-637-4700), which will deliver prescription medications to the Center Monday through Friday. To arrange the service, students can email wellnesscenter@simons-rock.edu or call **413-528-7353** to schedule an appointment with a staff nurse.

Health Services Staff for 2021-2022:

Amanda Roux
Lisa Sylvia, MD
Diane Dillon, PhD
Pat LoNano, RN
Jamie Berkowitz, PA

Front Office Administrator
Physician/ Macony Pediatrics
Wellness Center Director
Registered Nurse
Physician's Assistant/
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