# **Tropical Ecology and Sustainability Studies on Montserrat**

### PROGRAM INFORMATION

Sunday, January 12 – Sunday, March 8, 2025

#### Curriculum

This is a two part program, with the core program being an 8 week intensive in Montserrat. This eight week course in sustainability and tropical ecology includes four courses - Natural History of Montserrat, Geology and Volcanology, Marine Conservation, and Food Sheds of Montserrat. Enrolled students are required to take all four courses. After the core program is complete, students who wish to continue their studies at Simon's Rock in the second half of the semester are encouraged to do so. The information below, including fees, is for the core program in Montserrat only.

#### **Applying**

Eligibility requirements:

- Students who are current and continuing Simon's Rock or Bard students, or visiting students with a faculty sponsor from their home institution
- At least rising sophomore at the time of application
- · Good academic, social and financial standing

By October 15th 2024, submit: Statement of Interest Form 2025

Trip Contract 2025

Acknowledgement & Release Form

All participating students will receive credit through Simon's Rock and students from Bard College or outside institutions will need to transfer the credits to their own institution.

#### **Visiting Students**

Visiting students must complete the Simon's Rock Visiting Student form in order to enroll in the program and receive credit. There are no additional costs for the academic credits beyond the program cost.

To then transfer the credits to your own college, you will need to complete the Simon's Rock Transcript Request Form. When the course is complete, the Registrar's Office will send an official transcript to your college so that the credits are transferred to your academic record.

#### **Program Costs:**

The program cost is \$22,500 which includes 11 academic credits (issued by Simon's Rock), room and board in Montserrat, transportation from Simon's Rock campus to the airport, and all required activities. Airfare from JFK-Antigua-Montserrat is not included but typically costs around \$1,000 RT. The program fee for BCSR students is part of their regular tuition and regular payment schedule.

Students and their families are responsible for the following costs that are outside the above:

- Transportation costs to Simon's Rock campus or the departing airport
- Round trip airfare between JFK-ANU-MNI or other departure airport
- Transportation costs upon return, if not using the provided transportation to return to Simon's Rock
- Acquiring a current passport and all related fees

(continued next page)

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We recommend that students also purchase their own mask, snorkel, and fins (limited equipment is

available to borrow from Simon's Rock)

- Spending money while on Montserrat (\$300-\$500 has been sufficient in the past)
- Vaccinations

#### Fee Schedule for visiting students (to be charged to student accounts on this schedule):

• November 1, 2024: A deposit of \$5,000

January 1, 2025: balance of \$17,500

#### **Scholarships**

There is a limited amount of financial assistance available for students with demonstrated high need. The application for these scholarships is October 15th 2024.

#### **Refund Schedule:**

- Withdrawal prior to Dec 1st 2024 = 100% refund of program cost paid to date less a nonrefundable administrative fee of \$500
- Withdrawal on or after December 1st = no refund

#### **Notice of Cancellation**

In order to run, the program must have sufficient enrollment. The Program Director and Dean of Academic Affairs retain the right to cancel the program if there is insufficient enrollment. In the event of cancellation, a full refund will be given.

#### **Vaccines & Medical Information**

Once you are confirmed to participate in the program, you will be asked to disclose any medical conditions that are relevant for the program leaders to ensure your and the group's safety while abroad.

#### **Vaccines**

http://wwwnc.cdc.gov/travel/destinations/traveler/none/montserrat

The Center for Disease Control currently recommends travelers have the Hepatitis A and Typhoid vaccines so we are requiring these shots for this program. In addition, we require all participants to have a current tetanus shot.

#### Send proof of these vaccines to:

Bard College at Simon's Rock Wellness Center, ATTN: Montserrat Program 84 Alford Road, Great Barrington, MA 01230

fax: 413-528-7358

# Montserrat Program Tropical Ecology & Sustainability Studies Statement of Interest Form 2025

#### **Application Statement**

Complete this form and attach a typed 1-2 paragraph statement describing how this program fits in with your current or planned area of study.

**Program Forms:** Statement of Interest Form 2025

Trip Contract 2025

Acknowledgement & Release Form

Submit the application statement and the completed program forms to the Office of Academic Affairs by **October 15th, 2024**. Incomplete submissions will not be accepted. You will be notified of your acceptance to the program. A deposit of \$5000 will be charged to your student account on November 1, 2024.

Student Name:			
College: Simon's Rock	Bard College	other:	
Circle one: 2 <sup>nd</sup> semester First-	Year Sophomore J	unior 1 <sup>st</sup> semester S	Senior
Cell Phone:	En	nail:	
Last 4 digits of your Social Sec SSN)	urity Number: XXXX	K-XX(leav	e blank if you don't have a
Concentration/major:			
Advisor/Faculty Sponsor Name	e:		
Advisor/Faculty Sponsor emai	l:	phone:_	
Government Issued ID:			
Passport # & Country:		Issue. Date:	Exp. Date:
(passport must not expire with	nin six months of re	eturn date)	
Name as it appears on your pa	assport (provide <b>ex</b>	act match as this is ne	ecessary when purchasing
airline tickets):			

Gender as it appears on your passport (required for airli	ne tickets):
Date of birth:	
Parent/Guardian Information	
1. Name:	
Email:	phone:
2. Name:	
Email:	phone:
Emergency Contact Information	
☐ Same as above Parent/Guardian	
If other, specify: Name:	
Email:	phone:

## MONTSERRAT PROGRAM CONTRACT

This contract will serve as the agreement between you and Bard College at Simon's Rock ("the College") that you acknowledge the specifics of the trip as outlined in the attached pages, and that you agree to uphold the College standards of conduct as outlined in the Student Handbook 2024-2025 at the college.

Please review the attached program information, complete the information requested on this form, then sign and return this form, along with the Statement of Interest Form, and Acknowledgement & Release Form to the Office of Academic Affairs by October 15, 2024.

#### **Swimming & Snorkeling**

The curriculum involves spending many hours in the ocean, either standing and walking in the surf or snorkeling on the /ailable

reefs. It is expected that you will bring good fitting snorkel equipment. There is a limited amount of equipment a to borrow.				
Please rate your current abilities:  Swimming: beginner intermediate advanced  Snorkeling: beginner intermediate advanced				
While there is no expectation of students being scuba-certified and this is not pathere may be an opportunity for a recreational outing if enough people are expescuba-certified? Circle one: Yes / No  If yes, please describe your experience	rienced and interested. Are you			
Dietary Information  Access to the kinds of foods you may be used to eating can be difficult on a small island. Be prepared for limited variety. Please indicate your diet preference:  Vegetarian Vegan Gluten-free Lactose-intolerant  Please provide any other additional details:				
<b>Statement of expulsion:</b> Students are required to maintain good social standing and through the duration of the program. If the program leaders judge that it is dismissed from the program due to behavior that is incompatible with the safety student will be sent home unattended at the family's expense and with no refun account will be billed).	necessary for a student to be vand success of the program, the			
Please sign below indicating that you understand and agree to the above. The required, regardless of the student's age, unless the student is fully responsible	_			
Student Signature:	Date:			
Parent/Guardian Name:				
Parent/Guardian Signature:	_ Date:			

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### ACKNOWLEDGMENT AND RELEASE

The Bard College at Simon's Rock program on the island of Montserrat ("the Program") includes a variety of activities including ground, air, and water transportation; exploring urban and rural areas; trekking; and staying in various types of accommodations. Before a student may participate in this trip, the following form
must be completed by the student and by the parent or legal guardian of any student who is under the age of 18.
I,, acknowledge that I have voluntarily elected to participate in the Bard College a Simon's Rock Program in Montserrat from January 12th through March 9th, 2025, and I further acknowledge that I have been provided with information about the Program and that I have read and understood such information. I agree to follow all College Policies as outlined in the 2024-2025 Student Handbook.
I acknowledge that travel with this Program and participation in all aspects of the activities can involve the risk of injury and illness to myself or damage to my property. I understand that, due to the nature of international travel, such risks cannot be completely eliminated. I voluntarily accept all risk of personal injury illness, death and damage that my property may incur resulting from my participation in this Program. In consideration of being permitted to participate in the Program I, on behalf of my family, heirs and personal representative(s), agree to assume all the risks and responsibilities of my participation in the Program, including transportation and any activities incident thereto, and I hereby release, waive, discharge, hold harmless and covenant not to sue Bard College, Bard College at Simon's Rock, their trustees, officers, agents, employees, contractors (collectively "Releasees"), with respect to any and all liability for any harm, injury, damage, cost, or expense of any nature whatsoever, including but not limited to, suffering and death, or any damage that my property may incur, whether caused by the contributory negligence of the College or carelessness of the Releasees or otherwise, while participating in, or in transit to or from, the Program or any activities associated with the Program.
I understand that this Release is for the benefit of Bard College and Bard College at Simon's Rock and their affiliates, subsidiaries, agents, employees, and related entities only. Third parties, such as common carriers, hotels, or travel agencies are not released from liability for their acts.
This Release shall be interpreted under and governed by the laws of the Commonwealth of Massachusetts. I
HAVE CAREFULLY READ THIS RELEASE, AND I FULLY UNDERSTAND ITS CONTENTS.
STUDENT/PARTICIPANT:
[Printed Name] [Signature] [Date]
SIGNATURE OF PARENT OR GUARDIAN: (for all students under the age of 18 as of January 12, 2025)
[Printed Name] [Signature] [Date]

# MONTSERRAT PROGRAM HEALTH HISTORY Health Form Instructions

Every participant (student or non-student) is required to complete the Health Forms. Please be advised that leaving anything blank on these forms may delay your clearance to participate in the program.

**About the Program:** The Bard College at Simon's Rock's 8-week program, Tropical Ecology and Sustainability Studies, takes place on the Caribbean island of Montserrat. The program involves a great deal of physical activity including hiking over steep and uneven terrain and standing/snorkeling along the coast's rocky and sandy beaches. Montserrat has a small medical clinic but serious situations are evacuated to the nearby island of Antigua (30-minute plane ride), which has a full-service hospital. For these reasons, each participant is asked to carefully consider their general fitness and physical and mental health in relation to the program.

**CHANGE OF STATUS:** You are responsible for notifying Bard College at Simon's Rock immediately of any changes in your health history prior to your departure or while on the program.

#### Please mail or fax completed forms to:

Bard College at Simon's Rock ATTN: Montserrat Program Wellness Center 84 Alford Road Great Barrington, MA 01230

Fax: 413-528-7358

DUE by October 15th, 2024

# **Health Records and Emergency Medical Treatment Authorization**

name	Date of Birth
Telephone	Email
Emergency Contact Information	
Person to contact in an emergency	
Telephone	Email
Relationship to participant	
Authorization to Release Health Reco	ords and Permission for Emergency Medical Treatment
Please complete and sign the following	ng:
legibly] College at Simon's Rock, together wit Bard College at Simon's Rock in conn records or information pertaining to r On rare occasions, an emergency requadministration of an anesthetic, treat consent of the patient. In order to presimon's Rock is either unable to contayou my consent, I hereby authorize medical treatment is deemed necessary. I hereby verify that all of the information any failure to provide accurate and containing the accurate and containing the accurate and containing the series of the series of the containing to record the series of	h any other physician or medical provider who has provided information to ection with my participation in the Program, to release any or all health me to Bard College at Simon's Rock as necessary for my health and safety.  uiring treatment in a hospital and/or surgery may develop. In most cases, ment of an injury, or operation upon an individual cannot be done without event a dangerous delay in an emergency situation where Bard College at act my parent or guardian, or if I am unconscious or otherwise unable to give a Bard College at Simon's Rock's representative to secure whatever ary, including administration of an anesthetic and surgery.  tion contained in this form is accurate and complete and acknowledge that complete information, including notification to Bard College at Simon's Rock of curacy or completeness of the information contained in this form, may result
	gree to notify Bard College at Simon's Rock of any material changes in my the program or while on the program.
Student/Participant Signature:	Date:
If participant is a student, the parent	t/guardian signature is also required:
Parent/Guardian Name (print):	<del>-</del>
Parent/Guardian Signature:	Date:

# **Personal Health History**

Please complete the following, adding additional paper if necessary. Do not leave any question blank.

A. Have you consulted or been treated by clinics, physicians, or other practition routine check-ups)? If yes, give details. Yes No	ners within the past two years (other than
B. Have you ever been hospitalized or had a serious acute illness? If yes, give d	iagnosis and date. Yes No
C. Do you have a chronic medical condition or recurrent illness? Any permaner details. Yes No	nt injury or physical disability? If yes, give
D. Have you had any allergic reaction to past immunizations, prescription, or o' Yes No	ver-the-counter medicines? If yes, give details.
E. Do you have a history of asthma or other respiratory ailment? If yes, give de	tails. Yes No
F. Are you currently taking any medications (including antigen/immunotherapy Yes No	vallergy injections)? If yes, list and give details.
G. Do you have any health requirements or dietary restrictions? If yes, explain.	Yes No
H. In the last two years, have you consulted or been treated by a psychiatrist, or professional for any serious mental, emotional or psychological conditions includes, give details. Yes No	_
Please check if you have had:  Allergy (please specify) Eye problems Immune System problems Stomach uld problems Impaired use of Bees/wasps Anemia Back problems any limbs P Painful swollen joints Recurrent dizziness Foods	et/animal dander Bleeding/clotting cidney problems Diabetes Severe diarrhea Other
I certify that the information above is accurate and complete:	
Student/Participant Signature:	Date: If
participant is a current student, the parent/guardian signature is also require	d:
Parent/Guardian Name (print):	
Parent/Guardian Signature:	Date:

## **Immunizations**

The Centers for Disease Control and Prevention (cdc.gov) recommends that travelers be up-to-date on routine vaccinations and be current with Typhoid and Hepatitis A vaccines. Bard College at Simon's Rock recommends that all participants going on the Montserrat program follow the CDC recommendations.

Immunizations can be administered at the Wellness Center at Bard College at Simon's Rock for students with medical records already on file; call the Wellness Center to make an appointment. All other Program participants should make arrangements for these vaccinations with their health care provider or a travel clinic.

Let us know the status of these three immunizations and whether you plan to receive them prior to traveling to Montserrat. We ask that immunizations be complete by the end of Spring Break in March.

Please indicate which of these immunizations are current or your plans to recei	ive the immunizations:	
Tetanus Date:		
Typhoid Date:		
Hepatitis A Date:		
I have scheduled an appointment to receive these immunizations:		
At home with my primary care provider (when you call to schedule an a know which immunizations you need so that they have them in stock be	••	
At the Wellness Center on campus (call 528-7353 to schedule an appoint	tment).	
I am electing not to receive these immunizations.		
A variety of health risks are present on Montserrat. Please read the health advitor Disease Control and Prevention website: Montserrat (U.K.) - Traveler view		
I certify that the information above is accurate and complete:		
Student/Participant Signature:	_ Date:	If
participant is a current student, the parent/guardian signature is also required:		
Parent/Guardian Name (print):	_	
Parent/Guardian Signature:	_ Date:	-