



The Wellness Center
 Health and Counseling Services
 Livingston Hall Student Union, 3rd Floor
wellnesscenter@simons-rock.edu
 413-528-7353

COUNSELING SERVICES OVERVIEW

To schedule an appointment: Complete and submit the [Counseling Request Form](#) on our website.

We provide counseling services that support the successful experience of being at Bard College at Simon’s Rock and Bard Academy at Simon’s Rock. You will face numerous challenges while adjusting to campus life. We will work with you to navigate these new experiences and to move towards enhanced growth and empowerment.

Some common counseling areas include, but are not limited to: anxiety, depression, campus life adjustment, family/relationship issues, racial/cultural/ethnic realities and challenges, LGBTQ+ support and advocacy, academic difficulties, stress-related concerns, self-esteem, body image, substance use, self-harm, trauma, sexuality and social/interpersonal struggles.

Our services include: individual therapy, focus groups, crisis intervention and assessment, psychiatric evaluation/medication management, referral to outside services as needed and requested, and consultations/trainings for faculty, staff and students.

Counseling is free for all currently enrolled students. Appointments for psychiatric evaluation and medication management are scheduled by referral from a Counseling Services clinician and are billed separately through the school insurance.

Records and the information discussed are kept confidential and are not disclosed to others outside of the Wellness Center without written consent. There are specific exceptions within federal confidentiality guidelines, which will be reviewed with you during your intake appointments.

COUNSELING SERVICES STAFF 2020-2021

Alison Abrams, MEd	Front Office Administrator
Tanveer Ahmed, MD	Psychiatrist
Morgan Burns, MSW, LICSW	Clinician
Julia Gottlieb, MA	Clinician/Post-Graduate Fellow
Sharon Hartunian, MSW, LICSW	Wellness Center Director
Eve Jennings, MA, LMHC	Clinician
Beth Kozik, MA, LMHC	Clinician
Elise Sideli	Graduate Intern in Social Work/ Simmons University
Judith Win, PhD	Clinician
Taya Win, MS	Clinician/Post-Graduate Fellow Counseling Services